Hail, true body, born of the Virgin Mary, truly suffered,牺牲了在十字架上为人类，
whose pierced side flowed with water and blood, be for us a foretaste in the trial of death.

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Cu-jus latus per-fo-ra-tum un-da flu-xit cum san-gui-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

Es-to no-bis praegu-sta-tum in mor-tis ex-a-mi-ne:

A-men.