1. Now quit your care and anxious fear and worry;
2. To bow the head in sack-cloth and in ashes,
3. For is not this the fast that I have chosen?
4. For righteousness and peace will show their faces;
5. Then shall your light break forth as doth the morning;

for schemes are vain and fretting brings no gain.
or rend the soul, such grief is not Lent's goal;
(The prophet spoke) To shatter ev'ry yoke,
to those who feed the hungry in their need,
your health shall spring, the friends you make shall bring

Lent calls to prayer, to trust and dedication;
but to be led to where God's glory
of wickedness the grievous bands to
and wrongs redress, who build the old waste
God's glory bright, your way through life a-

cation; God brings new beauty nigh;
flash es, his beauty to come near.
loosen, oppression put to flight,
places, and in the darkness shine.
dorning; and love shall be the prize.

reply, reply, reply with love to love most high;
Make clear, make clear, make clear where truth and light appear;
to fight, to fight, to fight till ev'ry wrong's set right.
Divine, divine, divine it is when all combine!
Arise, arise, arise! and make a paradise!

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