Take up thy cross, the Saviour said AMNS 237 Melody: Breslau L.M.



Take up thy cross, the Saviour said, if thou wouldst my disciple be; deny thyself, the world forsake, and humbly follow after me.

Take up thy cross – let not its weight fill thy weak spirit with alarm: his strength shall bear thy spirit up, and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame, nor let thy foolish pride rebel: thy Lord for thee the Cross endured, to save thy soul from death and hell.

Take up thy cross then in his strength, and calmly every danger brave; 'twill guide thee to a better home, and lead to victory o'er the grave.

Take up thy cross, and follow Christ, nor think till death to lay it down; for only he who bears the cross may hope to wear the glorious crown.

To thee, great Lord, the One in Three, all praise for evermore ascend:

O grant us in our home to see the heavenly life that knows no end.

Words: Charles William Everest (1814-1877)

Music: German traditional melody as used by Felix Mendelssohn-Bartholdy (1809-1847)